

The OLV Advantage

Sustainable Health

Easy to Take

No more hard-to-swallow pills or capsules. Liquid is more bioavailable. It comes *ready to be absorbed*. Some pills and capsules don't break down easily and are passed through the system.

More Value

It would be far more costly to separately purchase all of the premium nutrition found in OLV.

Great Taste

Certified organic raspberry and cranberry extracts, sweetened with low-glycemic-level organic agave nectar.

Premium Quality

Crafted with premium whole food, certified organic and top brand-name ingredients.

Convenient

Available in 32 oz bottles and single-serving Nutri Packs (in a box of 30).

Supplement Facts

Serving Size: 1 oz (2 Tbs)

Servings per Container: 32

	Amount per Serving	% Daily Value
Calories	12	
Total Carbohydrate	3 g	0
Sugars	3 g	
Vitamin A (as beta carotene/mixed carotenoids)	15,000 IU	300
Vitamin B ¹ (as thiamin HCl)	6.5 mg	500
Vitamin B ² (as riboflavin)	7 mg	500
Vitamin B ⁵ (as pantothenic acid)	20 mg	350
Vitamin B ⁶ (as pyridoxine HCl)	8.4 mg	400
Vitamin B ¹² (as cyanocobalamin)	100 mcg	1,000
Biotin	300 mcg	100
Chromium (Chromax [®] chromium picolinate)	200 mcg	167
Vitamin C (as ascorbic acid)	180 mg	300
Vitamin D ³ (as cholecalciferol)	200 IU	50
Vitamin E (as d-alpha tocopherol)	300 IU	1,000
Folic Acid	400 mcg	200
Magnesium	35 mg	9
Selenium (L-selenomethionine)	200 mcg	286
Zinc (as zinc picolinate)	15 mg	100
Organic Aloe Vera Juice (ACTValoe [®])	4.5 g	*
Amino Acid Complex	50 mg	*
Vitamin B ¹⁵ (as dimethylglycine)	10 mg	*
Choline	50 mg	*
ConcenTrace [®] Trace Minerals	450 mg	*
Hesperidin (as bioflavonoids)	40 mg	*
Inositol	50 mg	*
Organic Noni Juice Concentrate	63 mg	*
OptiMSM [®] (as methylsulfoniylmethane)	50 mg	*

* Daily Value not established

A portion of the profits from the sale of Peter Gillham's Natural Vitality products goes to our

NATURAL REVITALIZATION

environmental action initiative to benefit

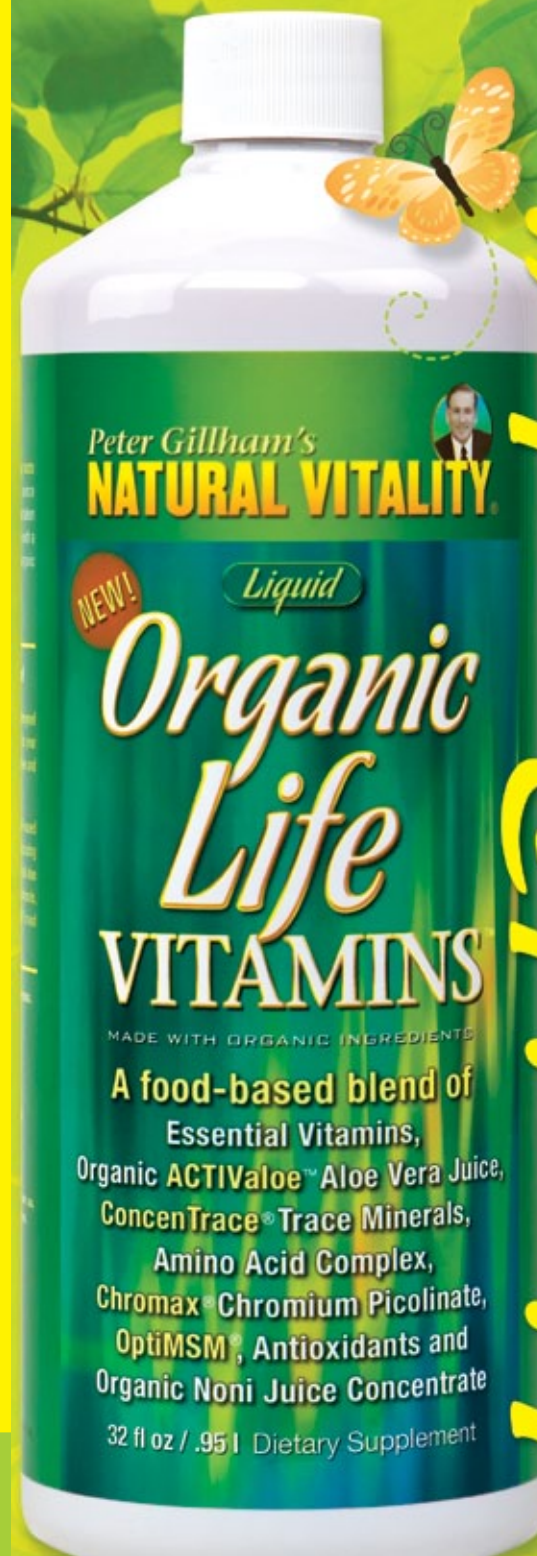
Conservation International (www.conservation.org) and **Remineralize the Earth** (www.remineralize.org).



Feel better—live longer!

For more information, visit www.petergillham.com.

Available at



The OLV story



Organic Life Vitamins® is an energy-packed **multi-nutrient**—better than a multi-vitamin. *Organic Life Vitamins* is a **liquid revolution** in daily nutrition! It's a simple, great-tasting and economical way to get the premium nutrition your body needs without having to swallow all those pills.

The Liquid Revolution

The revolution begins with **maximum absorption**. Liquids absorb better, thereby allowing your body to assimilate vital life-giving nutrients in just minutes!

OLV has a delicious fresh fruity taste (organic raspberry and cranberry, sweetened with certified organic agave nectar). Because it contains so many nutrients, you won't have to purchase and take numerous pills and capsules in order to give your body what it needs to stay active and healthy. And, unlike pills, *Organic Life Vitamins* contains no binders and fillers.

Organic Life Vitamins is a food-based blend of

Essential vitamins

Organic Life Vitamins provides a range of key vitamins including A, B complex, C, D and E.

Vitamin A—promotes good eyesight, healthy skin, strong immune function and more.

Vitamin B complex—supplies essential B vitamins, necessary for everything from energy and sleep to healthy-looking skin, hair and nails.

Vitamin C—is an important antioxidant necessary for a sound immune system, strong bones, teeth, gums and blood vessels.

Vitamin D₃—is essential for the proper formation of bones and helps calcium to absorb properly.

Vitamin E—is an antioxidant that maintains the integrity of cell membranes throughout the body.

Organic ACTIValoe™ aloe vera

This top-of-the-line aloe vera is guaranteed to retain biological activity. Aloe is a source of more than

200 beneficial active compounds, providing, among other things, a food-based organic source of naturally occurring vitamins, minerals, amino acids and enzymes.

ConcenTrace® trace minerals

Organic Life Vitamins features a top-quality full spectrum of important ionic trace minerals in a low-sodium formulation, 26 times more powerful than other liquid trace minerals.

Trace minerals help assimilate vitamins and have a host of other benefits, from increased energy and vitality to supporting circulatory health, bones and joints and providing nourishment for hair and skin.

Amino acid complex

An exciting plus that comes as part of *Organic Life Vitamins* is the incorporation of 20 different amino acids.

Amino acids are known as the “building blocks” of the body. Besides building cells and repairing tissue, they form antibodies to combat invading bacteria and viruses; they are part of the enzyme and hormonal systems; they build nucleoproteins (RNA and DNA); and they carry oxygen throughout the body and participate in muscle activity.

Organic noni juice concentrate

Noni has gained popularity for its antioxidant, immune-boosting and energy-enhancing properties.

OptiMSM®

Methylsulfonylmethane (MSM) is a naturally occurring sulfur compound that supports healthy, active lifestyles and benefits multiple structures and functions within the body, including connective tissues and the respiratory system.

OptiMSM is premium distilled MSM manufactured to the most stringent product specifications and rigorously third-party tested to ensure purity. Clinical research confirms that OptiMSM is effective.

Chromax® chromium picolinate

Chromium is essential for a healthy metabolism, especially as you get older. It helps promote healthy blood sugar, fight food cravings and support heart health.

USDA research indicates that the average American's diet doesn't provide enough of this essential nutrient.

Organic Life Vitamins supplies you with 200 mcg of Chromax—the #1 brand of chromium picolinate.

Selenium SeLECT®

Selenium is an essential trace element and a high-powered antioxidant that can effectively neutralize “free radicals” that may lead to severe cell damage. Small amounts of selenium have been found necessary for several biological processes including immune response and thyroid function. We incorporated Selenium SeLECT into *Organic Life Vitamins* due to the fact that it is more available for absorption and use by the body and because it is clinically proven. Selenium SeLECT is an organic compound and is rapidly and completely absorbed from the gastrointestinal tract, unlike inorganic forms of selenium.

The energy to enjoy life

With *Organic Life Vitamins*, you can meet most of your daily nutritional needs in one easy—and good-tasting—sip (or mix it with juice or a protein shake). *OLV* is also available in convenient single-serving Nutri Packs for travel, purse, backpack or office. *OLV* is designed to work perfectly with our best-selling *Natural Calm®* magnesium supplement or *Natural Calm Plus Calcium*.

You deserve the best. That's why we've put the best in *OLV*—and in quantities that will work, not just look good on a label. We want you to have the energy to enjoy life—and that means not having undue attention on your body.

Join The Liquid Revolution!

