

A LIQUID REVOLUTION in Daily Energy!

● **A PREMIUM DAILY MULTI**, lovingly crafted, with a light fruit taste and significant amounts of key nutrients for increased energy. A simple, economical way to achieve a daily foundation of good nutrition.**

● **Premium brand-name ingredients**

ACTiValue™ certified organic aloe vera

ConcenTrace® full-spectrum trace mineral complex

OptiMSM®

Chromax® chromium picolinate

Selenium SeLECT®

● **Natural Vitality Amino Acids Blend**

● **Natural Vitality 8-Veggie Antioxidant Blend**

● **Natural Vitality Super Fruit and Berry Antioxidant Blend**

✓ Certified organic noni

✓ Certified organic pomegranate

✓ Açai

✓ Goji

✓ Mangosteen

✓ Aronia berry

✓ Grape, wild blueberry, raspberry, cranberry,

prune, tart cherry, wild bilberry and strawberry

● **Certified organic** flavors, agave nectar and stevia

● **Easily absorbed** and assimilated

● **Energy and stamina** proven by world-class athletes

● **Great for the whole family**—kids love it too (half dose for children)

VEGETARIAN FORMULA. CRUELTY FREE. ALLERGEN FREE. CONTAINS NO YEAST, DAIRY, EGG, GLUTEN, WHEAT, SUGAR, STARCH, SOY OR ARTIFICIAL COLOR OR FLAVOR. NO ADDED FRUCTOSE.

A portion of the profits from the sale of Peter Gillham's Natural Vitality products goes to our

NATURAL REVITALIZATION

environmental action initiative to benefit

Conservation International (www.conservation.org)

and **Remineralize the Earth** (www.remineralize.org).

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Supplement Facts

Serving Size: 1 capful (1 fl oz / 30 ml) Servings per Container: 30

Amount per Serving		% Daily Value
Calories	15	
Total Carbohydrates	3.6 g	1.2%†
Sugars	1 g	
Vitamin A (as retinyl palmitate, beta-carotene (50%))	5,000 IU	100
Vitamin C (as ascorbic acid)	180 mg	300
Vitamin D3 (as cholecalciferol)	200 IU	50
Vitamin E (as d-alpha tocopheryl acetate)	300 IU	1,000
Vitamin B1 (as thiamin HCl)	6.5 mg	433
Riboflavin (as vitamin B2)	7 mg	411
Vitamin B6 (as pyridoxine HCl)	8.4 mg	420
Folic Acid	400 mcg	100
Vitamin B12 (as cyanocobalamin)	100 mcg	1,666
D-Biotin	300 mcg	100
Pantothenic Acid (as d-calcium pantothenate)	20 mg	200
Magnesium (from ConcenTrace® trace mineral complex)	35 mg	8.7
Zinc (from zinc picolinate)	15 mg	100
Selenium (as l-selenomethionine, Selenium SeLECT®)	200 mcg	285
Chromium (from Chromax® chromium picolinate)	200 mcg	166
Aloe Vera Juice, organic (ACTiValue™)	4.5 g	*
Mineral Complex (ConcenTrace® trace mineral complex)	450 mg	*
Proprietary Natural Vitality Super Fruit and Berry Antioxidant Blend:	133 mg	*
Super Fruits: Noni (organic), açai, goji, mangosteen, pomegranate (organic), aronia berry		
Berries / Fruits: Grape and grapeseed extract, wild blueberry extract, raspberry and raspberry-seed extract, cranberry, prune, tart cherry, wild bilberry extract and strawberry powders		
Proprietary Natural Vitality Veggie Antioxidant Blend:	50 mg	*
Broccoli, broccoli sprout extract, tomato, carrot, spinach, kale, brussels sprouts and onion extract powder		
Proprietary Natural Vitality Amino Acids Blend:	50 mg	*
L-proline, L-glutamic acid, L-alanine, L-arginine, L-aspartic acid, L-glutamine, L-lysine, L-serine, L-leucine, L-valine, L-threonine, L-phenylalanine, L-tyrosine, L-methionine, L-isoleucine, L-histidine, L-cystine		
Choline Bitartrate	50 mg	*
Inositol	50 mg	*
Methylsulfonylmethane (OptiMSM®)	50 mg	*
Hesperidin (from bioflavonoids)	40 mg	*

* Daily Value not established

† Percent Daily Values based on a 2,000-calorie diet

Other ingredients: triple-filtered purified water, vegetable-source glycerin, organic agave nectar, citric acid, organic acacia gum, xanthan gum, natural organic cranberry flavor, natural organic raspberry flavor, potassium sorbate and sodium benzoate (to preserve freshness), other natural flavors, organic stevia extract.



Feel healthier—be happier!

For more information, visit www.petergillham.com.

Available at

LIQUID REVOLUTION

Tasty Light fruit flavor!

24 antioxidant veggies, super fruits, berries



MADE WITH ORGANIC INGREDIENTS

A whole-food-based blend of

- Essential Vitamins
- Full-Spectrum Minerals
- 24 VEGGIES, SUPER FRUITS BERRIES & FRUITS
- Organic Aloe Vera
- Amino Acids • MSM
- Chromium Picolinate
- Selenium • Antioxidants

30 fl oz (887 ml) • Dietary Supplement



Organic Life Vitamins is an energy-packed **multi-nutrient**—*better* than a multi-vitamin. *Organic Life Vitamins* is a **liquid revolution** in daily nutrition! It's a convenient, great-tasting and economical way to get the premium nutrition your body needs every day.

The Liquid Revolution

No matter how good the vitamins or mineral supplements are that you start with, they are only as good as they are *bioavailable*. Supplements must be absorbed and *assimilated into the body* and be *available* at the proper area in order to be of use. All pills and capsules have to dissolve into liquid form *before* they can be absorbed and assimilated. Some people with weaker digestive systems (and digestive ability often weakens with age) don't fully break these down and the result is only partial or no absorption, so the pill or capsule doesn't do much, if any, good.

At Natural Vitality we begin with liquid. There is nothing to break down. The nutrients are naturally engineered for bioavailability. For those who have trouble taking pills and capsules, a liquid avoids this problem altogether. You also get fast action, as you don't have to wait for supplements to be digested.

Light Fruit Flavor

If a liquid supplement doesn't taste good, no matter how much good nutrition is in it you (or your family) won't want to take it. *OLV* has a delicious fresh fruity taste (organic raspberry and cranberry, plus certified organic agave nectar and organic stevia). There is no sugar or added fructose—and none of the binders or fillers you find in pills and capsules.

Organic Life Vitamins is a food-based blend of

Whole-Food Antioxidants

Organic Life Vitamins includes Natural Vitality's Veggie Antioxidant Blend with broccoli, broccoli

sprouts, tomato, carrot, spinach, kale, onion and brussels sprouts. It also contains Natural Vitality's Super Fruit and Berry Antioxidant Blend with organic noni, açai, goji, mangosteen, organic pomegranate, aronia berry, grape, grapeseed, wild blueberry, raspberry, raspberry seed, cranberry, prune, tart cherry, wild bilberry and strawberry.

Organic ACTIValoe™ Aloe Vera

This top-of-the-line aloe vera is guaranteed to retain biological activity. Aloe is a source of more than 200 beneficial active compounds, providing, among other things, a food-based organic source of naturally occurring vitamins, minerals, amino acids and enzymes.

Essential Vitamins

Organic Life Vitamins provides a range of key vitamins including A, B vitamins, C, D and E.

ConcenTrace® Trace Mineral Complex

Organic Life Vitamins features a top-quality full spectrum of important ionic (having molecular charge that allows the element to easily bond with water) trace minerals in a low-sodium formulation, many times more powerful than other liquid trace minerals.

Trace minerals help assimilate vitamins and have a host of other benefits, from increased energy and vitality to supporting circulatory health, bones and joints and providing nourishment for hair and skin.

Amino Acids

An exciting plus that comes as part of *Organic Life Vitamins* is the incorporation of the Natural Vitality Amino Acids Blend. Amino acids are known as the "building blocks" of the body.

OptiMSM®

Methylsulfonylmethane (MSM) is a naturally occurring sulfur compound that supports healthy, active lifestyles

and benefits multiple structures and functions within the body, including connective tissues and the respiratory system. OptiMSM is premium distilled MSM manufactured to the most stringent product specifications and rigorously third-party tested to ensure purity. Clinical research confirms that OptiMSM is effective.

Chromax® Chromium Picolinate

Chromium is essential for a healthy metabolism, especially as you get older. It helps promote healthy blood sugar, fight food cravings and support heart health.

USDA research indicates that the average American's diet doesn't provide enough of this essential nutrient.

Organic Life Vitamins supplies you with 200 mcg of Chromax—the #1 brand of chromium picolinate.

Selenium SeLECT®

Selenium is an essential trace element and a high-powered antioxidant that can effectively neutralize "free radicals" that may lead to severe cell damage. Selenium SeLECT is a clinically proven organic compound that is rapidly and completely absorbed from the gastrointestinal tract, unlike inorganic forms of selenium.

The Energy to Enjoy Life

With *Organic Life Vitamins*, you can meet most of your daily nutritional needs in one easy—and good-tasting—sip (or mix it with juice or a protein shake). *OLV* is also available in convenient single-serving Nutri Packs for travel, purse, backpack or office. *OLV* is designed to work perfectly with our best-selling *Natural Calm*® magnesium supplement or our *Osteo Calm*™ calcium-magnesium supplement as well as our *NutraRev!*™ anti-aging supplement. You deserve the best. That's why we've put the best in *OLV*—and in quantities that will work, not just look good on a label. We want you to feel healthier and be happier. Join The Liquid Revolution!

